



SCOTTISH CARDIAC SOCIETY

35th Annual General Meeting 2026

Programme

Apex Dunblane Hydro Hotel, Dunblane
Thursday 1 & Friday 2 October 2026

Join us on X: [@ScotCardio](https://twitter.com/ScotCardio)

Local organisers: Dr Ahmed Mahrous and Dr Stuart Watkins

Scottish Cardiac Society is an incorporated charity (SC020962) Registered Office: Royal College of Physicians of Edinburgh, 11 Queen Street, Edinburgh, EH2 1JQ. Registered in Scotland 269397.

Thursday 1 October 2026

10.00-10.25	Registration, refreshments, exhibition and poster viewing
10.25-12.30	SESSION 1: TIK-TOK TALKS: Clinical Decision-Making — Latest developments in cardiovascular medicine Chaired by: Dr Gillian Marshall, Consultant Cardiologist, Glasgow Royal Infirmary & Golden Jubilee National Hospital, Glasgow, Dr Ahmed Mahrous, Consultant Interventional Cardiologist, Raigmore Hospital, Inverness, Mr Douglas Gordon, Cardiac Physiologist Interventional Team Lead, Golden Jubilee National Hospital, Clydebank
10.25	Introduction Dr Stuart Watkins, President, Scottish Cardiac Society
10.30	Updates in Endocarditis Dr Fiona Thorburn, Consultant Infectious Diseases & Microbiology, Golden Jubilee National Hospital, Clydebank
10.45	Hypertension and recent developments Professor Thomas MacDonald, Emeritus Professor, University of Dundee
11.00	Cardiogenic Shock Mr Simon Messer, Consultant Cardiac and Transplant Surgeon, Golden Jubilee National Hospital, Clydebank
11.15	Postural Orthostatic Tachycardia Syndrome (POTS) Dr Simon Beggs, Consultant Cardiologist, NHS Greater Glasgow & Clyde
11.30	Long QT Syndrome Dr Neil Grubb, Consultant in Cardiac Electrophysiology, NHS Lothian
11.45	Transcatheter Aortic Valve Implantation (TAVI) Dr Rong Bing, Cardiologist, NHS Lothian
12.00	Percutaneous Coronary Intervention for chronically occluded arteries Dr Andy Stewart, Consultant Interventional Cardiologist, Aberdeen Royal Infirmary
12.15	Acute Aortic Syndromes Mr George Gradinaru, Consultant Cardiac Surgeon, Golden Jubilee National Hospital, Clydebank
12.30-13.30	Lunch, exhibition and poster viewing

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13.30-14.42

SESSION 2: SCIENTIFIC ABSTRACTS

Chaired by: Professor Martin Denvir, Cardiologist, University of Edinburgh, Dr Frank Hearl, Clinical Service Manager, Interventional Cardiology, Golden Jubilee National Hospital, Clydebank and Dr Cara Hendry, Honorary Clinical Senior Lecturer, University Hospital Wishaw

13.30

Clinical impact of MYH7 variants in Hypertrophic cardiomyopathy

Ms Aditya Pandey, Medical Students, Wolfson Medical School Building, University of Glasgow & Ms Adithi Bhat, Medical Student, Wolfson Medical School Building, University of Glasgow

13.42

Efficacy and Safety of Single-Sample Rule-Out Pathways with High-sensitivity Cardiac Troponin for Myocardial Infarction: Meta-Analysis of Randomised Controlled Trials

Dr Amber Pollock, Foundation Year 1 doctor, British Heart Foundation Centre for Research Excellence, University of Edinburgh

13.54

Valve in Valve Transcatheter Aortic Valve Implantation in a Radiolucent Bioprosthetic Surgical Valve Prothesis

Mr Jack Elliot, Medical Student, University of Glasgow

14.06

Cholesterol Reduction Following Acute Coronary Syndrome in the West of Scotland: Are We Meeting Guideline-Directed Targets?

Dr Yen Wing Ng, Cardiology Clinical Fellow, Golden Jubilee National Hospital, Clydebank

14.18

Clinical outcomes in consecutive patients with type 2 myocardial infarction

Mr Benjamin JL Lim, Medical Student, University of Edinburgh

14.30

In vivo evidence of persistent cardiac fibroblast activation following anthracycline therapy: A prospective hybrid PET-MR study

Dr Tariq Ramtoola, Clinical Research Fellow, University of Edinburgh

14.42-15.00

Refreshments, exhibition and poster viewing

15.00-17.00

SESSION 3: NEW DRUGS, NEW DEVICES & NEW PATHWAYS

Chaired by: Dr Joanne Lindsay, Consultant Cardiologist, Stobhill Hospital, Glasgow, Dr Benedict Wiles, Consultant in Cardiac Electrophysiology, NHS Grampian, Dr Jaclyn Carberry, Cardiology Clinical Research Fellow, Golden Jubilee National Hospital, Clydebank

15.00

The Cardio-Renal-Metabolic Clinic: SGLT2 Inhibitors & GLP-1 Receptor Agonists in 2026

Dr Matthew Lee, Cardiology Clinical Senior Lecturer & Honorary Consultant Cardiologist, University of Glasgow & Glasgow Royal Infirmary

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- 15.15 **PHARMACOLOGY — Quadruple therapy in HFrEF: Have we reached the pharmacological ceiling?**
Dr Veronica Rial-Baston, Consultant Cardiologist, Golden Jubilee National Hospital, Clydebank
- 15.30 **Conduction system pacing: Has left bundle branch area pacing become the new standard of care?**
Dr Jagdeep Singh, Consultant Cardiologist, Victoria Hospital, Kirkcaldy
- 15.45 **DEVICES - Pulsed field ablation for AF: a game changer**
Professor Derek Connelly, Professor and Lead Clinician, Electrophysiology Research Group, and Honorary Consultant Cardiologist, University of Glasgow
- 16.00 **PATHWAYS - MINOCA & INOCA — From exclusion diagnosis to structured diagnostic pathway**
Professor Vijay Kunadian, Professor of Interventional Cardiology and Cardiovascular Medicine, Newcastle University
- 16.15 **INVITED GUEST LECTURE**
Chaired by: Dr Stuart Watkins, President, Scottish Cardiac Society

Cardiology in the Age of AI: Smarter decisions and clinical judgement in the algorithmic era
Dr Asif Qasim, Consultant Cardiologist, Kings College Hospital, Croydon & Cleveland Clinic
- 16.50 **End of session reflections**
Dr Stuart Watkins, President, Scottish Cardiac Society
- 17.00 Close
- 18.30 **SCS Drinks reception & Society Dinner & Quiz**
Hosted by Dr Benedict Wiles

Friday 2 October 2026

08.30 – 09.30	Registration, refreshments, exhibition and poster viewing
08.30 – 09.00	Annual General Meeting of the Scottish Cardiac Society (SCS members only)
09.30 – 11.00	SESSION 4: SCIENTIFIC ABSTRACTS II & TRIAL UPDATE Chaired by: Mrs Maggie Simpson, Senior Nurse Specialist, University of Edinburgh, Professor Steve Leslie, Consultant, NHS Highland and Claire Louise Cassidy, Senior Nurse-Scottish Cardiac Audit Programme, Public Health Scotland, Edinburgh
09.30	What's changed in cardiology this year — Key late-breaking trials 2025–26 Dr Nicola Ryan, Consultant Interventional Cardiologist, Aberdeen Royal Infirmary and the University of Aberdeen
09.40	Guideline update — New / Updated guidelines in 2025–26 and what it means for practice Dr Jonathan Watt, Consultant Cardiologist, NHS Highland
09.50	Clinician-Statistician mindset: 'I've read the trial — But should I believe it?' practical tools for critical appraisal Dr Andrew Chapman, Senior Lecturer and Consultant Interventional Cardiologist, Royal Infirmary of Edinburgh
10.00	Cardiac Fibroblast Activation as a Novel Molecular Imaging Biomarker in Hypertrophic Cardiomyopathy: A Prospective Positron Emission Tomography Study Dr Tariq Ramtoola, Clinical Research Fellow, University of Edinburgh
10.12	Combined Atrial Fibrillation Clinic: 1-stop Cardioversion, AF risk factors identification/modifications, cardiologist review & antiarrhythmic drugs initiation service Dr Batrisyia Haji Rakawih, FY1 Royal Alexandra Hospital, Paisley
10.24	Digital transformation of cardiac implantable electronic device services in a large National Health Service health board: seven-month outcomes following implementation of a purpose-built electronic device management platform Mr Ben Macfarlane, Medical Student, University of Glasgow
10.36	Permanent pacemaker implantation following transcatheter aortic valve implantation: implantation rates, indications, and pacing burden Dr Greg Bear, IMT3 – Golden Jubilee National Hospital, Clydebank
10.48	Real-world experience of Mavacamten outcomes for hypertrophic cardiomyopathy: retrospective observation of 12-week initiation phase outcomes Dr Nicholas Lim, IMT3 Doctor, Manchester Foundation Trust

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11.00-11.30	Refreshments, exhibition and poster viewing
11.30-13.30	SESSION 5: IMAGING THAT CHANGES MANAGEMENT & CONTROVERSIES IN CARDIOLOGY 2026 Chaired by: Dr Ross McGeoch, Consultant Cardiologist, NHS Lanarkshire and Dr Vera Lennie & Dr Mitchell Lindsay, Consultant Cardiologists, Golden Jubilee National Hospital, Clydebank
11.30	Severe Mitral Regurgitation — Imaging-guided decision-making: When to intervene Dr Anne Scott, Consultant Cardiologist, Forth Valley Royal Hospital, Larbert
11.45	Cardiomyopathy Imaging — From phenotype to precision diagnosis Dr Kenneth Mangion, Consultant Cardiologist, Queen Elizabeth University Hospital, Glasgow
12.00	CONTROVERSY 1 — Mitral TEER - who should we do and should we be doing more in Scotland? Dr Keith Robertson, Consultant Cardiologist, Golden Jubilee National Hospital, Clydebank
12.15	Coronary Revascularisation in Severe Aortic Stenosis: who, when and how? Dr Nick Cruden, Consultant Cardiologist and Clinical Director for Cardiac Service, NHS Lothian
12.30	CONTROVERSY 3 — Are we over investigating patients with small elevations in HS Troponin? Dr Ken Lee, BHF Intermediate Clinical Research Fellow and Honorary Consultant Cardiologist, University of Edinburgh
12.45	CONTROVERSY 4 — Should palliation in chronic heart failure be considered earlier in the patient pathway? Mrs Yvonne Millerick, Heart Failure Palliative Care Nurse Consultant Lecturer, Glasgow Royal Infirmary
13.00	CONTROVERSY 5 — Should we be doing more CTCA to guide coronary Intervention? Dr Richard Good, Consultant Cardiologist, University of Glasgow
13.15	SCS awards presentation and close of meeting Dr Stuart Watkins, President, Scottish Cardiac Society

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