



SCOTTISH CARDIAC SOCIETY SPRING MEETING 2025

Preventive Cardiology and AI in Cardiology

PROGRAMME

WEDNESDAY 28 MAY 2025

Programme
Scottish Cardiac Society Spring Meeting
Wednesday 28 May 2025
Malmaison Hotel, Dundee and Online

The SCS gratefully acknowledges both logistical and financial support from the following companies who are sponsoring exhibition stand space. It should be noted that these companies have played no part in planning the meeting and the Scottish Cardiac Society does not endorse any commercial products.

Amarin
APC Cardiovascular Ltd
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Novo Nordisk
Pfizer

Health professionals and NHS managers are invited to visit the company stands during the breaks.

To facilitate compliance with UK law, and the ABPI Code of Practice, prohibiting companies from promoting prescription-only and certain other medicines to the public, the stands have been set up in a clearly defined area of the exhibitor room. Members of the public are asked not to approach this area.

All participants are also welcome to visit the following information stands:

British Heart Foundation
Chest Heart & Stroke Scotland

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10.00 Registration, refreshments and exhibition viewing

10.25 Welcome

Dr David Northridge, Acting President, Scottish Cardiac Society

Session 1: Risk factors and prevention

Chair: Dr Caroline Scally, Consultant Cardiologist, NHS Lothian & Dr Stephen Rankin, ST5, NHS Greater Glasgow and Clyde

10.30 Obesity as a cardiovascular disease: integrated management

Dr Matthew Lee, Cardiology Clinical Senior Lecturer and Honorary Consultant Cardiologist, University of Glasgow

11.00 Non-traditional cardiovascular risk factors

Dr Neil Anglim, Consultant Cardiologist, NHS Tayside

11.30 Exercise prescriptions in cardiovascular disease

Mrs Fiona Brownlie, Team Lead Physiotherapist (Cardiac Rehabilitation), NHS Tayside

12.00 Novel Lipid Lowering Drugs

Dr Colleen Ross, Consultant Chemical Pathologist, NHS Greater Glasgow and Clyde

12.30 Lunch, refreshments and exhibition viewing

Session 2: Technology, Cardiology and the future

Chair: Dr Ben Szejkowski, Consultant Cardiologist, NHS Tayside & Dr Ahmed Mahrous Abouzaid, Consultant, NHS Highland

13.30 What can data do for us? (SCAP)

Claire Louise Cassidy, SCAP Senior Nurse, Public Health Scotland and Professor Nick Mills, British Heart Foundation Professor of Cardiology, Consultant Cardiologist & Lead for Data-Driven Innovation in Health and Social Care, University of Edinburgh

14.00 Wearables in preventive cardiology

Dr Neil R Grubb, Consultant Cardiologist, NHS Lothian

14.30 Using AI to identify hidden heart condition (AF)

Professor Chris Gale, Professor of Cardiovascular Medicine, Honorary Consultant Cardiologist, and Co-Director of the Leeds Institute for Data Analytics, University of Leeds

15.00 Refreshments and exhibition viewing

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Session 3: Travelling Cardiology

Chair: Mr Douglas Gordon, Cardiac Physiologist, NHS Golden Jubilee & Dr Punit Bedi, Consultant Cardiologist, NHS Greater Glasgow and Clyde

- 15.30** **A view from New York**
Mr George Gradinariu, ST8 Cardiothoracic Surgery Trainee, NHS Golden Jubilee
- 15.50** **A view from Bournemouth - Some are more equal than others (virtual)**
Dr Daniel Ang, Cardiology ST8 & Honorary Clinical Lecturer, NHS Golden Jubilee
- 16.10** **A view from New Zealand**
Dr Andrew Chapman, Senior Lecturer & Consultant Cardiologist, NHS Lothian
- 16.30** **Close**
Professor Adrian Brady, President, Scottish Cardiac Society